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The Surf Girl Handbook



Synopsis

The Surf Girl Handbook will teach you everything a girl needs to know, from mastering the waves to becoming a standout at your local break. There's detailed information about getting started, understanding how waves work, the equipment to buy, and how to perform manoeuvres. You'll soon be ripping with the best of them!

Book Information

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Customer Reviews

Louise Searle is editor of SurfGirl Magazine, based in Cornwall, UK

This book is all about surfing and so much more as it goes into the lifestyle, pro interviews and all that as well. It is well written and laid out with plenty of pictures of young women surfing and waves and just so much stuff. I was very impressed with the amount of content in the book as I thought it would just be think paper back but it is a thick little book. My 11 year old just took surfing lessons on vacation at the beach and I can't get this book out of her hands she is so into it. If you have a girl who is into surfing or who wants to get into surfing this is the book for her.

I bought it as a guide to my daughters but first I read it all and it's a very good guide for girls starting in this sport. It provides tips, guidance and pictures so that the beginners can get all the info they need. Excellent book

Another perfect book for the beginner surfer girl to read and learn some tips from.

Great book. Full of good info and pics. My 11 year old daughter loved it and so did her friends

Great info, for beginners to the sport

Great book with tips on technique, eating, exersize, etc.

I love surfing and trying to find books for women that surf, this book is fabulous! it has a great guide on catching waves and how to take care of your surf equipment!

good!

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